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Submit Health and Dental Claims on my-benefits® Mobile App

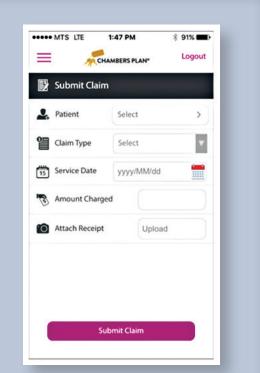
Plan participants of the Chambers Plan can now submit most Health and Dental claims using a smartphone or tablet. Submitting claims electronically is a convenient way to have your claims processed quickly and easily, which means you get your money back faster.

Our my-benefits app gives Chambers Plan participants secure access to Chambers Plan coverage and services from anywhere, any time. Easy to use, the app provides immediate access to your coverage information. In addition to submitting claims and viewing claim history, you can:

- Check to see when you and your dependents are next eligible for services.
- Sign up for Direct Deposit with claim payments paid directly into your bank account.
- Access detailed coverage information quickly and easily.
- View videos on how to maximize your coverage.
- Access your Assure[®] drug card and contact numbers for emergency travel claims.

Enjoy all the advantages of my-benefits on your Android™ device or iPhone. Simply download the app from either Google Play or the Apple App Store and sign in with your my-benefits Username and Password.* You will have immediate access to your benefits, claims and coverage.

It's free, convenient, and can save you time and paper. Download it today!



*Plan participants must register for a User Name and Password on my-benefits.ca to access my-benefits on a smartphone or tablet.



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Not taking advantage of my-benefits?



Visit www.my-benefits/ca and click on 'Sign me up'.

You will need your firm and certificate numbers which can be found on your Certificate of Insurance. Follow the instructions to register. Download the app to have access to your benefits in the palm of your hand.