

REGISTER AT MY-BENEFITS.CA

Verify your identity, choose your own user ID and your registration is complete.
Let *my-benefits* start working for you today!

With *my-benefits* you have quick and secure online access to your group benefit coverage. You can view your benefit details, submit claims, set your Health and Dental payments to be deposited directly into your bank account – even see the next date you're eligible for services.

my-benefits health[®] provides health information you can trust when you have questions or concerns. It includes valuable tools and resources to find a family doctor, look up health conditions, and locate patient assistance programs.

Is this service covered? Access your benefit details quickly and conveniently.

When can I see my dentist? Do I have coverage for my next physiotherapist visit? It's all on *my-benefits*.

Did I send in my eye exam claim?

Save time. Get your claims reimbursed quickly by submitting them online.

Access tools and resources to help you live a healthier life.

my benefits

DEMO
FT. RICHMOND PLUMBING
FIRM #: 42799
CERTIFICATE #: 4279905908

English
Français

HOME

BENEFITS

- Overview
- Drugs
- Coverage & Changes

CLAIMS

- Submit Claims
- Usage & History
- Forms & Requests

WELLNESS

VIDEOS

CONTACT

LOG OUT

Submit a Claim
START FILING >

My Benefits
VIEW ALL >

Recent Claims

DATE PROCESSED	SUBMITTED EXPENSE	AMOUNT PAID	STATUS
	\$100.00		In Progress
	\$45.00		In Progress
	\$400.00		In Progress
	\$100.00		In Progress
	\$50.00		In Progress

my benefits health
Health and wellness resources at your fingertips.

Take twenty minutes and start living a healthier life TODAY. In the *Wellness* section, you and your dependents can complete a Health Risk Assessment to learn about your health risks and about the habits and behaviours you might be able to change to improve your overall health.

Coverage on the go. You can enjoy all the advantages of *my-benefits* on your Android™ or iOS device. Simply search 'my benefits' in either Google Play or the Apple Store and download the app to submit claims, view your coverage, or access your drug card. It's free and convenient. **Download it today!**

Register for Online and Mobile Access

By registering online, you'll have access to digital cards, coverage details, claim submission and history, and account balances. To register:

- Step 1** ➡ Go to www.my-benefits.ca
- Step 2** ➡ Click on "Sign me up"
- Step 3** ➡ Click on "I am a Plan Member (Employee)" then click "Ok"
- Step 4** ➡ Enter your:
 - Firm # (5 digits) & Cert # (5 digits) *or* Certificate # (10 digits)
 - Date of birth
 - Last name
 - Click "Ok"
- Step 5** ➡ In the next window you will:
 - Enter and verify your chosen User ID
 - Enter and confirm your email address
 - Enter 2 security questions and corresponding answers of your choice
- Step 6** ➡ Click to agree to the 'Terms and Conditions', and then click "Submit"
- Step 7** ➡ A temporary password will immediately be emailed to you; as soon as you receive the email you can log back into my-benefits.ca
- Step 8** ➡ Once registered, download the mobile app:
 - **Apple:** 'my-benefits for iPhone'
 - **Android:** 'my-benefits'
- Step 9** ➡ Sign in to the application using the Username and Password you created on the website

For assistance, please contact Chamber Client Services at 1-800-665-3365 option 2.